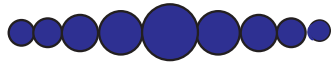


# Lunch Menu



## Create a Hot n Healthy Lunch

### ...Combo

Pick 2 of your choice of anything listed below 8.95

- Chef's Choice Sandwich
- Chicken Salad On Wheat
- 3 Cheese Quesadilla
- Ultimate Grilled Cheese

(with sliced tomatoes & applewood bacon)

Your Choice of Soup

Fresh Pasta Salad

Veggie Sticks

Garden or Caesar Salad

Macaroni Salad

Garden Couscous

## Everyday Specials

### Spaghetti Marinara

with a Garden Salad 7.95

### Pizza for One

Personal sized pizza with your choice of up to 3 toppings and a Garden Salad. 8.95

### Ham and Cheese Stromboli

With mozzarella cheese. Dipping sauce. 8.95

### Really Big Salad!

Ask your server about adding chicken or seafood....6.95

### Fresh and Hot Soups

Cup...2.75 Bowl...3.95

## Features of the Day!

**Monday**-Prime Rib Sandwich with Fries

**Tuesday**-Lasagna of the Day and Garden Salad

**Wednesday**-Crab Cake Sandwich and Fries

**Thursday**-Chicken Parmesan Bake and Garden Salad

**Friday**-Cajun Catfish on Dirty Rice

All Features 9.95 with Carolina Iced Tea

## Pastas & Bakes

### Smaller Plates

#### South Beach Quesadilla



Grilled chicken breast, mushrooms, cheddar, and mozzarella cheese, baked in a flour tortilla. Served with sour cream & salsa. 9.95

#### Asian Stir Fry



Sliced rib-eye steak and shrimp stir fried with fresh broccoli florets and mushrooms in our spicy Asiatique sauce. Served with brown rice! 8.95

#### Chipotle Chicken

Grilled chicken, bacon, spinach, mushrooms, and penne pasta sauteed in our spicy chipotle cream sauce. 9.50

#### Pasta Alfredo

Fettuccine pasta tossed in a creamy garlic Alfredo 8.95  
Add chicken & broccoli 9.95 Add shrimp 10.95

#### Carolina Cajun

Blackened chicken breast resting atop a bed of penne pasta toss with trio peppers with a spicy Cajun cream sauce. 9.95

#### Primavera al Rhonda



Medley of fresh veggies tossed in a lemon wine sauce and cappellini. 8.95

#### Classic Italian Fare

Your choice of...9.50

#### Rustic Meat or Roasted Veggie Lasagna

Tortellini Ravioli Spinach Stuffed Shells

Manicotti Ziti Pasta Marinara Spaghetti Bolognese

All Pasta and Bakes include Fresh Bread. Add a Garden Salad for 1.49